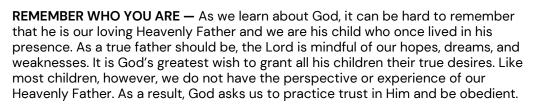
## WOMEN'S SERVICES & RESOURCES

# **DEVELOPING A RELATIONSHIP WITH** YOUR HEAVENLY FATHER

"Though we are incomplete, God loves us completely. Though we are imperfect, He loves us perfectly. Though we may feel lost and without a compass, God's love encompasses us completely. He loves us because He is filled with an infinite measure of holy, pure, and indescribable love... No matter our distress, no matter our sorrow, no matter our mistakes, our infinitely compassionate Heavenly Father desires that we draw near to Him so that He can draw near to us."

- Dieter F. Uchtdorf



SEEK TO BE LIKE HIM — "There was a period when we, with Jesus and others, basked in the light of the presence of God and enjoyed His smiles. We are the children of God, and as His children, there is no attribute we ascribe to Him that we do not possess, though they may be dormant or in embryo. The mission of the Gospel is to develop these powers and make us like our Heavenly Parents." — President George Q. Cannon

**CULTIVATE DESIRE** — To create a genuine and intimate relationship with the Lord, one must first have a personal yearning or desire to both know and be close to the Lord that will cause us to draw unto Him. D&C 88:63 says, "Draw near unto me and I will draw near unto you; seek me diligently and ye shall find me; ask and ye shall receive; knock, and it shall be opened unto you." Study words of the prophets for ways to increase this desire in your life.

**LEARN OF HIM** — "Believe the testimonies of the prophets. Learn of God...Cultivate a diligent desire to know that God lives. This desire leads us to ponder on the things of heaven - to let the evidence of God all around us touch our hearts... Most of us will not see God, as the prophets have, but the still, small promptings of the Spirit – the thoughts and feelings that the Holy Ghost brings into our minds - will give us an undeniable knowledge that He lives and that He loves us." — Elder Richard G. Scott

PRAY — It is hard to keep any relationship alive without regular communication. Make sure to have daily interaction and prayer with the Lord. Like most parents, Heavenly Father wants to hear from his children. Look for blessings in your everyday life and express gratitude to Him. Be honest with Him. Openly communicate your hopes, dreams, and fears. Ask Him for help with questions and things you might be struggling with. Create opportunity and space for God to respond; it is hard to hear the whisperings of the Spirit if we never take time to truly listen.



### INSIGHTFUL SCRIPTURES

#### **Practice Obedience** D&C 93:1

"Verily, thus saith the Lord: It shall come to pass that every soul who forsaketh his sins and cometh unto me, and calleth on my name, and obeyeth my voice, and keepeth my commandments, shall know that I am."

#### Seek to Know Him John 17:3

"And this is life eternal, that they might know thee, the only true God."

#### Believe He is There Jeremiah 17:3

"And ye shall seek me, and find me, when ye shall search for me with all your heart."





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