

When you want to get close to someone – whether it's your first time or in a long-term relationship – it's important to know how to ask for consent.

Consent is for all genders, ages, and is not limited to sexual interactions. It's about respecting all individuals, their desires, and free will. Consent isn't confusing, it is a clear and enthusiastic "yes." It is given consciously and when able – never implied or assumed. Consent is reversible and ongoing – you can change your mind at any time.



Before asking for consent:

Ask yourself: How might my actions make someone feel? Am I in a clear enough state to respect someone's boundaries?

Ask your partner: About things like previous experiences, preferences, protection, and more through texts or in casual settings.

When asking for consent:

Ask your partner: What they'd like to do. Be specific about what you're asking.

Ask yourself: Am I making it clear from my words, tone, and body language that I'm okay with the answer, no matter what it is?

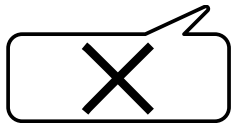
Everyone has different ways to say "yes" and "no," but consent means nothing less than an enthusiastic yes.

ADDITIONAL RESOURCES

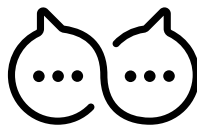
THIS IS NOT CONSENT:

- Silence or any form of hesitation
- Refusing to acknowledge "no"
- Previous behaviors or past consent
- Mentally or physically unaware
- Assuming that wearing certain clothes, flirting, or kissing is an invitation for something more
- "I don't know" or "I guess so"

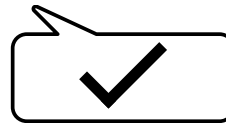
"Do you want to...?"



If your partner says no:
Accept their answer. Never try to convince or guilt someone to say yes when they've already said no.



If your partner seems unsure: Play it safe and don't go further. Instead ask them what they'd like to do.



If your partner says yes:
You can move forward. Keep checking in to make sure they're enjoying what's happening.

rainn.org/articles/what-is-consent

nsvrc.org

pandys.org

satchawaii.org

Title IX
(808) 675-4585

Campus Security
(808) 675-3911

WSR Sexual Assault and Abuse Information Sheets
wsr.byuh.edu/information-sheets

Counseling Services
(808) 675-3518